



MARK PATTISON



More Info can be found on
[MarkPattisonNFL.com](https://www.MarkPattisonNFL.com)

INTRODUCTION

Mark grew up in Seattle, Washington where he was a High School All American attending Roosevelt High and was inducted into the Hall of Fame in 2005. Mark attended the University of Washington and played in 2 Rose Bowls, 2 Aloha Bowls and the Orange Bowl. He was inducted into the Husky Hall of Fame in 2016.

Mark is a vested member of the National Football Players Association having played five seasons in the NFL with the Raiders, Saints & Rams. As a successful entrepreneur, Mark started a venture-backed gaming company called Front Porch Classics which was sold. He is currently an executive for Sports Illustrated. In 2022, Mark helped take the parent company of Sports Illustrated, The Arena Group public onto the NYSE.

Mark recently became one of only two NFL Players to ever climb all Seven Summits - which are the highest peaks on each continent. Although he was able to summit Mt Everest, he overcame snow blindness, a Covid outbreak, two cyclones and ran out of oxygen but still found a way to get the top and back down safely.

Mark has been featured in many publications including The New York Times and The Wall Street Journal. He is also a philanthropist having raised over \$150,000 for various causes and most recently, partnering with non-profit Higher Ground based in Sun Valley. Mark's daughter Emilia has epilepsy which motivated him to get involved in helping others.

He is the host of Finding Your Summit podcast having broadcast over 250 episodes with over 250,000 downloads. He's here today to share his story and how his Hall of Fame coaches taught him the blueprint to life that have helped him overcome obstacles and achieve at the highest level. Mark was featured in an NFL Networks' segment called Life After Football in 2017 and was part of an NFL Documentary called Searching for the Summit following his journey up Mt Everest in 2021.

Let's watch this short video and then welcome Mark.